

Need to be elsewhere today, but the run is local. Finally get permission to do run, but only if I'm back, showered and ready to drive off by 13:00, else major retribution will occur. Challenge accepted.

Jog to the start with Hotspur. Seems GM has a new rule, FRB's need to be slowed down. This means Hotspur gets a pre down down. Jockstrap and Come Lately are the hares and report food is only jacket potatoes or chilli and rice. No carvery! There'll be a revolution created by the coffee club. Off right, are we going via the crematorium, no back to sports centre and onto railway path. Lack of dust means we run miles before we find any, whilst being chased by K9/2 on a bike! Is he a hare or is there something else going on? Hotspur and French mistresses limpy friend (from a few weeks ago) are pounding ahead, but there's no dust. Net result is we have to back track massively to find the trail went over the golfing bridge and is away up the railway path, nope use the parallel alley, then back to the path, then into the woods avoiding small cyclists. More dust appearing now so Fish Finger is off finding a rope swing for Banger. Head to Gravel Hill lights to dive right avoiding bar, only to have to back track again to find a miracle trail labeled with a flour arrow. Around the cricket pitch, lose trail until Horn Blower gets lucky. Through the heathland up to view point. Get it wrong again; trail goes off to school and the cemetery. To complete the doom and gloom theme we jog around to the crematorium finally. Out onto Canford Heath, leave Hotspur, Banger and Limpy to find the false trails as I'm lagging behind badly. Assume we are eventually heading towards the grammar school. This is true but only after we run around the housing estate on tar mac. Well known swimming implement is unseasonably quiet at this point. But we finally get into more woods then out onto main road. Health and safety says use crossing, as does the dust (well done Hare). Back onto more tar mac and housing estate until we hit Broadstone park. Nearly back now. So out the park, right left right and we are back. Good timing, quickly sign back in so we can jog home, get showered and out the house by the 13:00 deadline. I live to run another day. Sunshine, lack of dust, woods, railway paths, rope

swings, view points, tar mac, cemetery's, crematoriums, pedestrian crossings
and a quick exit to be elsewhere. So what did you think? On On 😊