

Hoburne Naish , 7.42 miles, 694ft climb, 1hr47mins. Calories 1291.

Just as an aside, wanted a mini hare for May, so asked D&F to help, but we get excuses as they are not sure if they are fit enough to marshal the high powered Mini walkers. However, they just finished walking Hadrian's wall, completing 22 miles in a day for the most hilly section!!! Down Down

offense next time we see them at least 😊☺

Back to reality, Anniversary run today so its bubbles at 10:30, early start. It's over at New Milton so an even earlier start from home.

Apart from missing the turning into the holiday park, and then missing the right turn into the car park (TTP not doing his gatekeeper duties) we arrive with time to spare such that I thought I was at the wrong place. Luckily I spied "Greek God" looking bemused as well, so I was in good company. Spied "Arse About" so its now official, I have sign off that "group hugs" is not sexual harassment, this was witnessed by AA's son who's also ok for "man hugs".

"Pig Ear" award was to K9, the hare, as he has done too many runs back to back. just like Ferret

"Odd Socks" jogs in from home to make a guest appearance. Will he get lost on his home ground?

Hare instructions include "go to beach to start" plus "same way back".

So we run/jog past very fancy holiday trailers (which even have decking on the roof) to then scramble down to the beach only to find we have to follow the valley back inland to the main road. Bubbles start to effect some persons more that others. So I back off for a while.

Make it to the main road, which we cross, only to notice I'm not at the front. There appears to be a lot more younglings today so the trail is being found quickly, not that K9 at the front laying liberal amounts of arrows is helping any.

The trail is an on the road, into woody bits, on the road into woody bits and then in and out of the housing estate (where is the well known swimming aid when you need entertainment).

I finally get to the front only to find a false trail. Start to rush back (moving

with pace) only to forget to lift my feet and so crash and burn. Come Lately is to hand to be the Samaritan. Only he forgot old g*ts are quite heavy and it takes a while for him to get me to my feet.

Banger appears to be at the front but the New Year seems to have brought out a dress down look. Gone are the luscious locks and well-manicured nails. Probably due to Matalan clearing out her makeup box.

Golf course in sight, down to beach, and a sand run. Not good for the calves. Spy the big long stairs to top. Good news is its on trail, bad news it's a long way up. Spirits are high as some weirdo's start humming the sound track to Rocky as they jog to the summit.

Highcliff Castle is reached. Last time we used the blocked steps to get to the beach again. Seems like there is even more blockading now so we avoid, meeting OS by the castle walls. Nobody is following us so we circle back to see we should have followed the blockade (K9 the H&S disser).

Big Bird seems to have too much energy as she is running past everyone and then taking her clothes off in the cold weather.

Lonely and Stalker take a short cut down the hill through gorse, bad move, its slippery, down hill and there is no path so it hurts them like hell.

Back to the car park and it's the "how can we get shoes off with frozen fingers game".

Bubbly to start, Freezing cold, Beach views, Rockie style training runs up and down the cliffs, lots of tarmac, front running hare, lots of pixie loops. Oh and a long write up.

So what did you think?

On On